

how to knit little hats

You will need:



double
knitting
yarn



small needles
(about 3 1/4mm
should do)

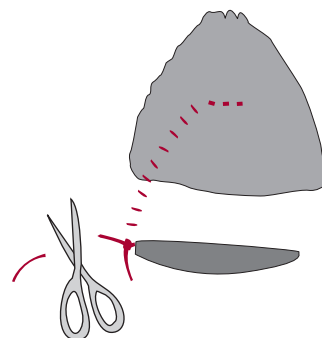
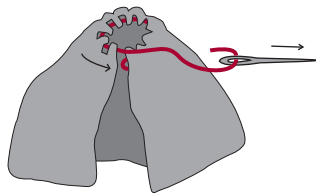


a yarn
sewing
needle



1 pair
of scissors

1. Tune in to Radio 4.
2. Using double knitting yarn and some small needles (3 1/4mm-ish), cast on 28 stitches.
3. For the first two rows knit 1, purl 1 to end.
4. When you have done your first two rows, switch to stocking stitch for 12 rows (knit one row, Purl one row). If you can, experiment with as many different patterns, colours and stitches as you like.
5. To make the hat narrower at the top when you get to the 15th row, knit two together to the end of the row (giving you 14 stitches) and then purl together to the end of the row (giving you 7 stitches).



6. Cut the yarn thread at about 25 cm and thread it through a sewing needle. Thread the needle and wool through the remaining 7 stitches, remove the knitting needle. Tighten the thread and sew the little hat together at the side. Once finished, turn it inside-out so that the seam you've just sewn runs up the inside.
7. Sew a little bobble onto the top of the hat. If you don't have any bobbles, get in touch with us and we'll send you some. Or just send us hats minus bobbles and we'll happily sew them on for you. (We promise to choose a nice colour that will suit your hat.)
8. Send your hats to us here at Fruit Towers, and we'll use them to keep our little bottles warm in the fridge this winter:

little woolly hats
innocent
3 The Goldhawk Estate
Brackenbury Road
London
W6 0BA

banana phone: 020 8600 3939 www.innocentdrinks.co.uk

For every bottle sold innocent, Sainsbury's and EAT will give 50p to Age Concern.