



**On the Tenth Day of Christmas,
my true love gave to me...**

Ten Croaky Frog Lords Leaping in their Swamp

Swamps and frogs don't play a major part in the Christmas story but they deserve a decent festive tippie as much as any donkey or grumpy innkeeper. So hop along to make this recipe and toast all things green this festive season.

Ingredients (serves 1)

juice of a lime
1 teaspoon of honey
3 sprigs of mint
75ml innocent kiwis, apples & limes smoothie
50ml innocent apple juice
soda water
ice
edible glitter
1/2 a teaspoon of popping candy

Pop the lime juice, honey and mint into a cocktail shaker and use a muddler to mash the leaves up. Add the innocent kiwis, apples & limes smoothie and innocent apple juice before shaking it all together. Fill a long glass with ice and pour in the mocktail before topping with soda water and, if you fancy, add a sprinkle of glitter. Finally add the popping candy and stir with a straw so it sinks to the bottom.

We worked with 12 bloggers and asked each of them to create their own festive mocktail inspired by one of the 12 Days of Christmas. This delicious mocktail was created by Natasha at Amelie's House.

